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2024 Guide To

CENTRE HUMAN

COUNTY SERVICES

A Supplement to **THE CENTRE COUNTY
GAZETTE** May 23, 2024

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THE CENTRE COUNTY GAZETTE

403 S. Allen St., State College, PA 16801
Phone: 814-644-0300 | Fax: (814) 238-3415
www.CentreCountyGazette.com

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Throughout the 2024 Human Resources Guide, you'll find small icons representing services. Here is a breakdown of what the icons represent:



— Clothing and household goods



— Education resource



— Food resource



— Healthcare resource



— Housing resource



— Immigrant residents



— Infant and child resource



— Mental health resource



— Older adults resource



— Recovery & substance abuse resource



— Resource connector



— Transportation resource



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📞 814.810.2389

✉️ info@willowtreehhc.com

🌐 willowtreehhc.com

📍 374 Phoenix Avenue, Bellefonte



2024 Guide to Centre County Human Services

Centre County is a vibrant and diverse community. However, the success of the community is built on the backbone of non-profits, organizations, services and agencies that are committed to helping the members of our community thrive. Without these organizations, our area would not be what it is today.

Our 2024 Guide to Centre County Human Services includes a myriad of community nonprofits and for-profit organizations, in-home services to residential and living facilities, medical agencies, services to support basic needs and community connections and much more. Our hope with this guide is that you and your loved ones can get connected with an organization that will provide any necessary support you need to help you live a healthy and happy life.

Additionally, for those looking for a way to get involved, whether that be by giving your time and talents through volunteering or by providing financial support, our guide provides the necessary contact information you need to get involved.

Thank you for reading our 2024 Guide to Centre County Human Services. If this guide is able to help even just one person in our community, it will have done its job. Over the coming months, my hope is that you can use it as a resource for either yourself or a loved one should the need for assistance arise. Have a wonderful rest of your 2024 and enjoy the 2024 Guide to Centre County Human Services.

Jessi Blanakik

Managing Editor, The Centre County Gazette

Explore, Imagine, Learn for FREE with your public library



Visit a location in Bellefonte, Centre Hall, Philipsburg, or State College today!



Resource Providers

4-H

420 Holmes St., Bellefonte, PA 16823

814-359-7479

BQH5475@psu.edu

extension.psu.edu/programs/4-h/counties/centre

Centre County 4-H offers a diverse program to meet the needs of youth in our county. Youth can select the programs and opportunities that meet their interests and needs. Whether it's a traditional club experience that offers regular meetings, short-term summer day-camps or a week outdoors at 4-H Camp, we have something for everyone!



A Ray of Care, LLC

126 N. Spring St., Bellefonte PA 16823

814-280-1157

holly@arayofcare.com

arayofcare.com



We are patient advocate that help you navigate the maze in the healthcare system. We are like a project manager for your loved one's health. We'll connect you to the appropriate medical and non-medical resources, schedule appointments, follow up after appointments and make sure everyone on your health care team is working together to achieve the same goals. We look at all the pieces and put them together. Our mission: to provide clear solutions — and peace of mind — for families faced with health and aging challenges.

AAUW State College Branch

P.O. Box 735, State College, PA 16804

814-360-4810

info@aauwstatecollege.org

aauwstatecollege.org



AAUW (American Association of University Women) State College is a local nonprofit advancing equity for women and girls. We are one of several hundred branches joined together by AAUW National. Through mission-based programs and fundraising (an annual Used Book Sale), we advocate for pay equity, reproductive rights, public education and more. Book sale dollars fund local grants and scholarships.

ACAP Centre County

210 W. Hamilton Ave., #282, State College, PA 16801

814-954-1753

centrecounty.acap@gmail.com

ACAPcommunity.org/centrecounty

ACAP Centre County (adult children of aging parents) is a 501(c)3 educational nonprofit. Free educational programs are offered each month, addressing a variety of issues related to aging and caregiving. While designed specifically for family caregivers, ACAP programs are open to all.



Adult Transitional Care

270 Walker Dr., Ste. 207 E, State College, PA 16801

814-954-2821

info@adulttransitionalcare.com

adulttransitionalcare.com

Adult Transitional Care provides compassionate, high quality, cost effective services for adults experiencing transitions; physically, socially and environmentally. Our vision is to embrace and enhance adults transitioning to new beginnings. We generate a positive outlook for the adult experiencing challenges with empathy, honesty, respect and wisdom.



AIDS Resource

129 S. Sparks St., Ste. 1, State College, PA 16801

814-272-0818

info@aidsresource.com

aidsresource.com

Guided by the principles of inclusivity, respect and equity, we ensure that people living with HIV and the broader community, with a specific focus on providing the highest standard of care to LGBTQ+ individuals, can access culturally competent healthcare, support, education and resources. Our commitment extends beyond medical treatment, encompassing holistic care that addresses the physical, mental and social aspects of health.



Providers — page 6

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AT THE RIGHT TIME

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Having a yard sale? Donate your leftovers to CentrePeace!


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Tuesday-Saturday • 9am to 3:30pm

Or call 814-353-9081 to schedule a pickup

3047 Benner Pike, Bellefonte
814.353.9081 | CentrePeace.org

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Alert1 Medical Alert Systems

1000 Commerce Park Dr., Ste. 300, Williamsport, PA 17701
800-693-5433

membercare@alert1.com

Alert-1.com



Alert1 offers in-home, mobile, and fall detection medical alert systems for seniors and others looking for the security and protection that a personal emergency button alarm provides. Our affordable, easy to use medical alert systems offer reliable peace of mind 24/7/365. We stay on the line until help arrives. With Alert1, you'll never face an emergency alone.

Altrusa International of Centre County

210 W. Hamilton Ave., #171, State College, PA 16801
814-933-7817

altrusacentreco@gmail.com

districttwo.altrusa.org/centre-county



Altrusa International of Centre County offers an opportunity to make a real difference in Centre County. We undertake a variety of service, literacy, fundraising and international projects each year. Altrusa is an international nonprofit organization making our local communities better through leadership, partnership and service.

Alzheimer & Dementia Caregiver Support Group — State College Borough Office

243 S. Allen St., Room 220, State College, PA 16801
800-272-3900

alz.org



In-person support group for caregivers both past and present of individuals living with Alzheimer's or other dementia. Held on the fourth Tuesday of each month from 6 p.m. to 7:30 p.m. All support groups are facilitated by trained Alzheimer's Association volunteers.

Alzheimer's Association — Greater Pennsylvania

2595 Interstate Dr., Ste. 100 Harrisburg, PA 17110
717-678-6462 ext. 1790

alz.org/pa



The Alzheimer's Association is the world's leading voluntary health organization in Alzheimer's care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer's.

Providers — page 7

We're here when you need us the most.



Your Centre LifeLink Membership will ensure **no out-of-pocket expenses** for emergency ambulance service, provided by Centre LifeLink EMS.
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centrelifelink.com

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800.351.8334 • PAElderCounsel.com



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328 South Atherton St., State College, PA • PH: 814.237.4100

Providers — from page 6

AR Health

129 S Sparks St., State College, PA 16801

814-272-0818

info@arhealthservices.org

arhealthservices.org



Our mission is to address the unique healthcare needs of people living with HIV and members of the LGBTQ community by offering competent, affirming and welcoming care.

Bethany Christian Services of Central PA

2147 E. College Ave., Ste. A, State College, PA 16801

814-867-2848

bethany.org/statecollege



Bethany is a 501c3 member organization and a Statewide Adoption and Permanency Network (SWAN) affiliate agency dedicated to empowering youth and strengthening families through quality social services. We offer foster care/adoption, counseling and post adoption services out of Centre County office.

Bridge of Hope Centre County

P.O. Box 433 State College, PA 16804

814-237-4673

execdirbohcc@gmail.com

centre.bridgeofhopeinc.org



Our mission is to engage Christian churches in ending family homelessness through neighboring relationships that demonstrate Christ's love. We build a neighborhood of support for single-mother-led families who are facing homelessness, helping them to get to a place of long-term stability. Our program includes rental assistance, ongoing case management and connection to a community of caring volunteers.

Cancer Survivors' Association, Inc.

287 Douglas Dr., State College, PA 16803

814-237-2120

info@cancersurvive.org

cancersurvive.org



The Cancer Survivors' Association is a support organization offering Centre County PA residents living with cancer encouragement, an opportunity to learn new skills, gather information, and meet social and emotional needs.

Care For People, Inc.

121 N. Allegheny St., P.O. Box 359, Bellefonte, PA 16823

800-322-9292

bettyfenity@cfpplus.com

care-for-people.com



Care For People is a home care registry that provides homemaker-companion services to older adults. Our goal is to allow them to remain at home by providing the care they need in order to do that.

CareStar

P.O. Box 264, Monroeville PA 15146

570-904-8729

dkeegan@carestar.com

carestar.com



CareStar has devoted 35 years to our mission of

Improving Communities by Improving Lives. CareStar's clinical and personal services are designed to support individuals with chronic health conditions, complex health care challenges or disabilities, enabling them to safely remain in their home or other community settings and live as independently as possible. CareStar has a proven track record of designing tailored programs to meet the needs of the customers we serve.

CenClear Child Services Inc.

P.O. Box 319, 50 Bigler Rd., Bigler, PA 16825

814-342-5678

info@cenclear.org

cenclear.org



Headquartered in Bigler, PA, CenClear is dedicated to providing early childhood, preschool, mental health and substance use disorder services to children, teens, adults and families from locations in Centre County as well as some select programs in adjoining counties. We serve more than 14,000 adults, adolescents and children annually in a variety of programs and services throughout central Pennsylvania.

Providers — page 8



40 years of dedication and service to the residents of Centre County and beyond providing compassionate mental health treatment for children, adolescents and adults.

We are here for you

Call us today at 800-641-7529 or



132 The Meadows Drive, Centre Hall, PA

TheMeadows.net
Find us on Facebook
Find us on Instagram

Providers — from page 7

Center for Alternatives in Community Justice (CACJ)

215 Robin Alley, State College, PA 16801

814-234-1059

cacj@cacj.us

cacj.us/about_us



The Centre For Alternatives in Community Justice is a nonprofit organization that provides the community with four essential programs: Pre-Trial Bail Supervision, Youth Aid Panels and Mediation and Community Conferencing. CACJ's mission is to serve society by working with the community and justice system to promote and develop equity through restorative and collaborative practices.

Center for Community Resources

2100 E College Ave Ste. A, State College, PA 16801

1-800-643-5432

cctrinfo.org



Center for Community Resources is licensed through the Office of Mental Health and Substance Abuse Services to provide 24/7 telephone, mobile and walk in crisis intervention services. CCR provides support, resources and crisis counseling to persons of all ages in Centre County. Centre Crisis offers someone to call, someone to respond and somewhere to go.

Central Pennsylvania Community Action, Inc.

207 E Cherry St., P.O. Box 792, Clearfield, PA 16830

814-765-1551

cpcainc@cpcaa.net

cpcaa.net



Strengthening communities in Centre and Clearfield Counties by helping families and individuals to become self-sufficient. Helping people, changing lives.

Centre Area Transportation Authority (CATA)

2081 West Whitehall Rd., State College, PA 16801

814-238-2282 x5141

catabus.com



Centre Area Transportation Authority is a Joint Municipal Authority serving the six Centre Region municipalities, Bellefonte Borough, Spring Township and Benner Township. Our mission is to deliver safe, reliable, accessible and affordable transportation, provided in a courteous and environmentally, fiscally and socially responsible manner.

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InSight

BY OASIS LIFECARE

Psychotic Episode is a term used to describe a variety of symptoms one experiences that contribute to some loss of connection with reality. Psychosis refers to symptoms of a disorder, not its own disorder. Primary Qualifying Diagnoses for FEP Program Admission:

- Psychosis NOS
- Schizophrenia
- Mood Disorder with psychotic features
- Schizoaffective Disorder
- Schizophreniform Disorder
- Brief Psychotic Disorder

Components + Objective

Early detection, treatment, and intervention is key to a better quality of life!

InSight's objective is to do more than just provide evidence-based treatment for someone who has experienced psychosis for the first time.

- Recovery-Oriented Psychotherapy
- Individual and Family Education and Support
- Blended Case Management (CCMH)
- Medication Management (Oasis LifeCare)
- Peer Support (Peer Star and GenClear)
- Oasis LifeCare also offers PCP and Obesity Management

1951 Pine Hall Rd, Ste 225
State College, PA 16801
T 814.237.0001
F 814.237.0116
E Matt@oasislifecarellc.com

OasisLifeCareLLC.com

Coordinated Specialty Care for First Episode Psychosis (FEP)





Empowering with facts.
Supporting with action.
Leading the way.

Providers — from page 8

Centre County Children and Youth Services

420 Holmes St., Ste. 201, Bellefonte, PA 16823
814-355-6755

centrecountypa.gov/323/Children-Youth-Services



Centre County Children and Youth provides child welfare and foster care services to families in need as a division of our County Government. Centre County Children and Youth is dedicated to the task of assuring a safe home environment free from abuse, neglect and exploitation for all Centre County children referred to the agency. Centre County Children and Youth Services is responsible for these tasks with the authority of the court. Child welfare services are designed to protect children from abuse or neglect and assist families in staying together when safe and appropriate. When it is not safe for children to remain with their family, the Agency, along with the courts, provides a temporary home for the child until reunification or permanency occurs.

Centre County Mental Health/Intellectual Disabilities/Early Intervention — Drug & Alcohol

3500 E. College Ave., Ste. 1200, State College, PA 16801
814-355-6786

mh-id-ei@centrecountypa.gov

centrecountypa.gov



Centre County Mental Health/Intellectual Disabilities/Early Intervention — Drug & Alcohol provides assessment, referral and case management services to individuals with a qualifying diagnosis (i.e., serious mental illness, intellectual disability/autism diagnosis, children birth to age three with a developmental delay and individuals with substance use disorder). The foundations of our service delivery focus on prevention, intervention, wellness and recovery support.

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**MAY IS
MENTAL HEALTH
AWARENESS
MONTH**



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MENTAL HEALTH**



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DONATING GOODS can help charities offer their services with less pressure on fundraising.

Providers — from page 10

Centre County Office of Adult Services

3500 E. College Ave., Ste. 1200, State College, PA 16801
814-355-6768

adultservices@centrecountypa.gov
centrecountypa.gov

Centre County Government's Office of Adult Services serves individuals 18+, and their families, by administering programming for housing, case management, food assistance and in-home care services. Adult Services primarily offers mid- to long-term case management, home repair programming and rental/utility assistance.



Centre County Office of Aging

420 Holmes St., Room 245, Bellefonte, PA 16823
814-355-6716

aging@centrecountypa.gov
centrecountypa.gov

The Centre County Office of Aging administers services for residents of Centre County who are 60 years of age or older. Services include assessment, care management, Family Caregiver Support Program, in-home meals, OPTIONS, ombudsman, RSVP (Retired and Senior Volunteer Program), six senior centers including congregate meals and transportation. PA MEDI counselors are available to meet with individuals to assist them with their Medicare journey. For more information, email aging@centrecountypa.gov




Centre County Office of Transportation

Willowbank Office Building,
420 Holmes St., Bellefonte, PA 16823
814-355-6807

transportation@centrecountypa.gov
centrecountypa.gov/431/Transportation-Office

Centre County Office of Transportation is committed to timely and reliable transportation that helps residents of Centre County meet their transportation needs.





Cancer Survivors'
Association, Inc.

www.cancersurvive.org • 814-237-2120
Email: info@cancersurvive.org

Centre County Senior Center Coalition

814-355-6716

supportccscc.org



CCSCC is a 501(c)(3) nonprofit and has a charitable alliance with the six Centre County Senior Centers; Bellefonte, Centre Hall, Penns Valley, Philipsburg, Snow Shoe and the Active Adult Center. CCSCC promotes and supports the programs and services of each Centre County Senior Center through fundraising, recognition and awareness.

Centre County United Way

131 S. Fraser St., Ste. 3, State College, PA 16801
814-238-8283

info@ccunitedway.org
ccunitedway.org



The mission of the Centre County United Way is to improve lives by prioritizing needs and mobilizing human and financial resources to positively impact the education, financial stability, and physical & emotional health of our neighbors. CCUW is a 501(c)(3) nonprofit organization that raises money to support a network of local health and human service agencies. These agencies provide services focused on health, education and financial stability to residents of Centre County.

Centre County Veterans Affairs

420 Holmes St., Room 333, Bellefonte, PA 16823
814-355-6812

bquery@centrecountypa.gov
centrecountypa.gov/351/Veterans-Affairs

The Centre County Veterans Affairs Office assists veterans and eligible dependents in applying for federal, state and county benefits. We advocate for veterans and assist with all aspects of applying for benefits. Additionally, we may refer veterans and dependents to other federal, state, county agencies and organizations that might further assist them in solving their problems or answering their questions.



Centre Elite Sports

177 Champion Dr., Ste. 200, State College, PA 16803
814-380-0894

ceg@centreelitegym.com
centreelitegymnastics.com

The primary focus of Centre Elite Sports is to provide high quality gymnastics, tumbling and Ninja training for children and young adults in a family friendly, positive and encouraging environment that nurtures and supports healthy behaviors, hard work and a love for sport.

Providers — page 12

Centre Helps

410 S. Fraser St., State College, PA, 16801

814-237-5855

info@centrehelps.org

centrehelps.org

To empower anyone in crisis or need, Centre Helps' compassionate staff and volunteers provide 24/7 emotional support and connections to resources.



Centre LifeLink EMS

125 Puddintown Rd., State College, PA 16801

814-308-4828

lshurgalla@centrelifelink.com

centrelifelink.com

Centre LifeLink EMS is a nonprofit organization providing a variety of services to Centre County and surrounding areas. We provide 24-hour emergency service for the Borough of State College, College Twp., Harris Twp., Ferguson Twp., Patton Twp. and mutual aid to surrounding areas of Centre and Huntingdon Counties. Our call volume is approximately 7,000 calls per year, with the majority being emergencies.



Centre Region Active Adult Center

2901 E. College Ave., Ste. 990, State College, PA 16801

814-231-3076

activeadults@crcog.net

crpr.org



The Centre Region Active Adult Center is to be the Centre Region's lead agency in providing a diverse menu of activities, events and resources for active adults, ages 55 and over. These activities will meet the social, emotional and physical well-being of the Centre Region participants. The Center is a 501(c)3 and is operated by the Centre Region Parks and Recreation Authority with the assistance and support of the Centre County Office of Aging.

Centre Safe

140 W. Nittany Ave., State College, Pa 16801

813-238-7066/877-234-5050

centresafe@centresafe.org

centresafe.org



It is the mission of Centre Safe to empower survivors of sexual violence, relationship violence and stalking and to work toward the elimination of such violence.



Like us on Facebook



Find us online at centrecountygazette.com

Pregnant with your first baby?

UPMC | HOME
HEALTHCARE
of Central Pennsylvania

A lot's
gonna
change

Call/Text

844.637.6667

NFPMoms.org

You've got this

with a free personal nurse

that can give you the support, advice and information you need as a new mom, pregnant with your first baby.

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Centre Volunteers in Medicine

2026 Sandy Dr., State College, PA 16803

814-231-4043

cvim@cvim.net

cvim.net



Centre Volunteers in Medicine provides free healthcare services to low income, uninsured individuals in our community. Our mission is to serve and advocate for the medically underserved living or working in Centre County.

CentrePeace, Inc.

3047 Benner Pike, Bellefonte, PA 16823

814-353-9081

contact@centrepeace.org

centrepeace.org



CentrePeace, established in 1994 as a 501(c)3 organization in Centre County, strives to restore the lives of individuals who have been incarcerated and to bring peace and healing to everyone affected by crime. CentrePeace's ultimate goal is to facilitate the successful reentry of formerly incarcerated individuals into their communities, ensuring they are prepared to work and contribute as productive citizens.

Children's Aid Society in Clearfield County

1008 S. 2nd St., Clearfield, PA 16830

814-765-2686

info@childaid.org

childaid.org



Our agency provides professional services throughout central Pennsylvania through many different program areas including: adoption and foster care, child care and early learning, youth mentoring and family support services. Our mission is to identify and provide services to improve the lives of children and their families. We have been serving local families since 1890 and last year, our services helped 1,059 children and adults.

Community Services Group

1040-3 Benner Pike, State College, PA 16801

877-907-7970

csgonline.org



For individuals with mental health challenges, Community Services Group offers site-based and mobile psychiatric rehabilitation services to support a path towards recovery. CSG works with each individual to assist them in gaining the personal strengths and skills they need to achieve their full potential. CSG empowers people to connect with others who understand them and share in similar experiences.

Providers — page 14



A Perfect Place To Call Home

The Oaks at Pleasant Gap

Have Your Housing Needs Changed?

The Oaks at Pleasant Gap provides comfortable and secure independent senior living in a beautiful setting.

More Service & Convenience, Less Worry & Responsibility

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For more information, contact us at
814-359-2782.

www.alsm.org



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Constitution Day Centre Inc.

P.O. Box 565, State College, PA 16804
814-777-9481

info@constitutiondaycentre.org
constitutiondaycentre.org



Our annual Constitution Day celebration highlights the impact of the Constitution on our lives and why civility and collaboration are necessary for a successful democracy. Local residents of all beliefs are welcome at fall roundtables to listen and share their views on timely topics. The Madison Award honors leadership in civility and community.

Early Learning Resource Center Region 8

2565 Park Center Blvd., Ste. 100, State College, PA 16801
814-231-1352, 888-440-2247

elrc@elrc8.org
elrc8.org



Early Learning Resource Center Region 8 offers Subsidized Child Care Assistance to income eligible families residing in one of our six counties, including Centre, through Child Care Works; offers enhanced resource and referral services to anyone needing information, help and guidance for childcare and other needed services; and offers coaching and technical assistance to childcare providers to promote quality.

Grief Connection

P.O. Box 343, Boalsburg, PA 16827
griefconnection.org



Grief Connection is a collaboration of grief organizations for the Centre Region of Pennsylvania. We believe that support is important to a person's grief journey. Our mission is to collaborate with individuals and local grief organizations to provide both personal and professional resources for grief support.

Home Instead

2100 E. College Ave., Ste. B, State College, PA 16801
814-238-8820

homeinstead.com/centralpa



Home Instead is a locally owned company offering home care services. We are passionate about enhancing the lives of aging adults by providing personalized in-home care to allow them to age safely in place. Our care professionals provide support and assist with activities of daily living to keep seniors engaged while bringing family members peace of mind.

Providers — page 15

**Advertise with us! Contact 814-644-0300
or sales@centrecountygazette.com**

Active Adult Center
CENTRE REGION PARKS & RECREATION
SUPPORTED IN PART BY THE CENTRE COUNTY OFFICE OF AGING

SERVICES & ACTIVITIES FOR AGES 55+
MONDAY - FRIDAY, 9 AM - 3 PM
LOCATED IN THE NITTANY MALL, SUITE 990

DONATE

The Active Adult Center provides activities that meet the social, emotional, and physical well-being of Centre Region Active Adults ages 55+.

The Center is operated by the Centre Region Parks and Recreation Authority (CRPR Authority), a 501c3 organization.

814-231-3076 www.crpr.org

Services & Activities

- Fitness
- Classes
- Games
- Lunch
- Events

acres project
"An innovative community for all minds"

Socialization

Employment

Education

Events

acresproject.com

Providers — from page 14

Home Nursing Agency WIC Program

270 Walker Dr., Ste. 100, State College, PA 16801
814-234-8621
pawic.com



The Pennsylvania WIC Program has improved the nutrition and health of families in PA since 1974 by providing healthy foods, nutrition education, breastfeeding support and health care referrals. Through WIC, pregnant women, mothers and caregivers of infants and young children learn about good nutrition to keep themselves and their families healthy.



Housing Transitions

217 E Nittany Ave., State College, PA 16801
814-237-4863
housingtransitions.org



Our Mission is to assist families and individuals experiencing homelessness or housing crisis achieve a more independent lifestyle by providing a continuum of effective and well-managed housing related services.

In Home Services of Central PA

Home Care Agency

3 West Monument Square, Ste. 304, Lewistown PA 17059
814-321-2145
mcook@ihs-mail.com
InHomeServicesOfCentralPA.com



We are a company of caring, conscientious, dependable, dedicated team members whose goal is to make life easier for our clients by providing in home services — with a sincere commitment to customer service. Our team has been selected as a 2024 top home healthcare agency and strives to provide the best in home care services.



Interfaith Human Services

251 Easterly Parkway, Ste. 200, State College, PA 16801
814-234-7731
info@interfaithhumanservices.org
interfaithhumanservices.org/



To serve low-income and financially vulnerable people in Centre County through diverse programs that foster financial stability.



Jana Marie Foundation

110 Regent Court, Ste. 200, State College, PA 16801
814-954-5920
Info@janamariefoundation.org
janamariefoundation.org



Jana Marie Foundation harnesses the power of creative expression and dialogue to spark conversations, build connections and promote mental wellbeing among young people and their communities. Jana Marie Foundation envisions communities working together to knock down walls and transform emotional distress into hope and resiliency.

Juniper Village at Brookline Senior Living

1900-1940 Cliffside Dr., State College, PA 16801
814-235-3193
brooklineseniorliving.sales@junipercommunities.com
junipercommunities.com

Juniper Village at Brookline offers Independent living, personal care, short-term rehab, long-term skilled nursing care and memory care in State College.



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MidPenn Legal Services

3500 E. College Ave., State College, PA 16801
800-326-9177
midpenn.org



MidPenn Legal Services is a nonprofit, public interest law firm that provides high quality free civil legal services to low-income residents and survivors of domestic violence and sexual assault in 18 counties in Central Pennsylvania.

Mid-State Literacy Council, Inc.

248 E. Calder Way, Ste. 307, State College, PA 16801
814-238-1809
mslc@mid-stateliteracycouncil.org
mid-stateliteracycouncil.org



Mid-State Literacy Council equips people with the skills necessary to connect and communicate with others. There are multiple facets to literacy: reading, writing, math, English as a Second Language, computer literacy, health literacy and financial literacy which includes math skills to use money. We provide instruction to help adults learn skills to gain employment, access to healthcare and financial stability.

Nittany Greyhounds

30 TLD Circle, Port Matilda, PA 16870
814-933-6981
info@nittanygreys.org
nittanygreys.org



Nittany Greyhounds has been re-homing retired racing greyhounds since 1997. We are a 501(c)(3) organization and welcome volunteers who want to get involved in our activities, whether a Nittany Greyhound adopter or not. We are 100% donation based and every penny supports greyhound adoption and awareness activities.

Nurse-Family Partnership

450 Windmere Dr., State College, PA
833-315-4358
harlowl@upmc.edu
nursefamilypartnership.org



Nurse-Family Partnership is a community health program for first-time mothers and their families. Each client is paired with a registered nurse who offers support with home visits beginning in pregnancy until the child is 2-years-old.

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BROCKERHOFF HOUSE

ON THE DIAMOND IN HISTORIC BELLEFONTE

The Brockerhoff House is managed by the Centre County Housing Authority. This is a HUD subsidized Elderly property. Residents are selected through a waiting list and must meet the criteria of the Tenant Selection Plan as required by HUD.



The Historic Brockerhoff House is a 33 apartment, independent living facility located on the diamond in downtown Bellefonte. We offer 28 – one bedroom apartments and 5 studio apartments. Our residents enjoy access to an onsite

laundry facility, library, community room with kitchen and balcony, covered porch, first floor lobby, on-site mail delivery and pick up, elevator and locked entry doors

with key fob and code access. Property Management and Maintenance are onsite with an after-hours on-call Maintenance service. Electric, heat, water, sewer and refuse are included. Rent is 30% of adjusted gross income and varies by household.

The Brockerhoff House offers easy walking access to many restaurants, shops, banks, professional services, and CATA bus stops. We are at the heart of the action for community events such as the Bellefonte Cruise, Arts and Crafts Fair, Victorian Christmas, and many more.

Please call 814-355-6750, extension 5 to pick up an application today.



105 South Allegheny Street, Bellefonte, PA 16823



Centre County Crisis Services

We provide Crisis counseling and support

- Walk-in Crisis Assessment • Telephone Supportive Counseling •
- Mobile Crisis Intervention • Crisis Peer Specialist •

Center for Community Resources (CCR) provides 24/7/365 Mental Health Crisis Intervention Services for Centre County. Centre County Crisis is a point of contact for people who are struggling with an emotional response to life stressors. Counselors are available by telephone, walk in or to meet in the community or your home. CCR offers Crisis Peer Services to help people connect to treatment providers, community services and achieve short term goals. Contact Centre Crisis or visit CCR website to learn more about Crisis Peer Services. Services are provided at no cost to the individual.

Text:

63288

Call:

1-800-643-5432

Chat:

ccrinfo.org

Walk-In:

**2100 E. College Ave.
Suite. A
State College, PA 16801**



Info About Employment

If you are ready for a career built around serving others, we are hiring individuals with a strong passion and hopeful vision for our communities.

Go to ccrinfo.org for more information.

Call anytime to speak with a trained specialist! • In partnership with the PA Department of Human Services

Providers — from page 16

Out of the Cold

318 S. Atherton St., State College, PA 16801

814-852-8864

info@outofthecoldcc.org

outofthecoldcc.org



Out of the Cold is a community supported organization that answers the call to serve those experiencing homelessness in our community by providing shelter, food and support services during the transition to permanent housing.

PA Link to Aging & Disability Resources

Serving Centre, Clinton, Lycoming, Union, Snyder

570-428-3521

mbottorf2016@gmail.com

PALink8.com



PA Link is a free state and federally funded program. It is available to seniors and individuals with a disability to learn about the resources and supports available in their local communities.

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Find us online
at centrecountygazette.com**

Parent to Parent USA

P.O. Box 472, State College, PA 16804

info@p2pusa.org

p2pusa.org/parents



Parent to Parent USA, in partnership with its member organization Parent to Parent of Pennsylvania, facilitates connections for families of children and adults with special health care needs or disabilities. Parent to Parent volunteers offer one-on-one emotional support, empowering families to navigate the challenges they face with resilience and strength.

Park Forest Preschool

1833 Park Forest Avenue, State College, PA 16803

814-231-8492

directorpfp@gmail.com

parkforestpreschool.org



The Park Forest Preschool is a state licensed, tuition-free program for qualifying families that prepares preschool children for kindergarten success. The preschool fosters diversity and inclusiveness in a nurturing environment while promoting cognitive, social emotional and physical growth for all our students. Programs are provided to discuss parenting skills and offer support to our families.

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250 Persia Road | Bellefonte, PA 16823
814.278.6000 *phone* | **814.861.8410** *admissions fax*

 centrecare.org

We are an equal opportunity employer. We subscribe to a non-discrimination policy.



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PeerstarLLC

400 Lakemont Blvd., Altoona, PA 16602

888-733-7781

info@peerstarllc.com

peerstarllc.com



Peerstar utilizes the concepts of shared understanding and respect to help individuals with a serious mental health disorder work towards the goal of recovery. All certified peer support specialists are self-identified consumers of behavioral health services that are specially trained and maintain a state certification. They provide an environment of empathy and understanding through lived experience to support others through their journey of mental health recovery.

Penn Highlands Healthcare

204 Hospital Ave., P.O. Box 447, DuBois, PA 15801

814-371-2200

marketing@phhealthcare.org

phhealthcare.org



A nine-hospital health system located throughout north western, central and southwestern Pennsylvania with hospital locations in Brookville, Clearfield, Connellsville, DuBois, Huntingdon, Monongahela, St. Marys and Tyrone. The new, advanced Penn Highlands State College hospital is opening Summer 2024.

Penn State Career and Family Pathways

University Park

570-367-0851

mxs552@psu.edu

careerandfamilypathways.psu.edu



Penn State Career and Family Pathways offers free ESL classes to adult learners. Classes are available in every level of ESL and incorporate reading/writing, speaking/listening, culture and digital literacy as well as career and TOEFL prep. Our experienced instructors are full-time Penn State employees with advanced degrees in education. The program runs year-round, and students can enroll at any time.

Penn State Extension of Centre County

420 Holmes St., #322, Bellefonte, PA 16823

814-355-4897

centrext@psu.edu

extension.psu.edu



Penn State Extension is a modern educational organization dedicated to delivering science-based information to people, businesses and communities. We provide access to face-to-face and online education to our customers to help them address problems and take advantage of opportunities for improvement and innovation.

Providers — page 20

Aging, caregiving, and the
privilege of growing older
impact us all.



Join us on the care journey.

At the **Tressa Nese and Helen Diskevich Center of Geriatric Nursing Excellence**, we believe every older adult deserves the highest quality of evidence-based care that respects their individual goals and preferences.

Learn about our work that includes:

- learning opportunities for families, caregivers, and healthcare professionals;
- cutting-edge research initiatives with local, state, and global impact;
- community partnership opportunities;
- preparing nurses and nurse leaders for the future.



PennState
Ross and Carol Nese
College of Nursing

**Tressa Nese and Helen Diskevich
Center of Geriatric Nursing Excellence**

nursing.psu.edu/cgne

UBR NUR 24-16



Scan to find CGNE events,
resources, and more!

Penn State Student Care and Advocacy

220 Boucke Building, University Park, PA 16802

814-863-2020

studentcare@psu.edu

studentaffairs.psu.edu/studentcare

Student Care and Advocacy aids students facing challenges by navigating Penn State's structure alongside partners. Our case managers offer consultation and direct students to suitable resources, supporting those struggling with food and housing insecurity, health issues, emergencies and more. We provide non-judgmental listening, support and empower students for success.



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Guide for details:

www.centredoutdoors.org

@centredoutdoors



Pennsylvania Prison Society — Centre County Chapter

P.O. Box 1294, State College, PA 16804

814-360-4630

prisonsociety.org



The Pennsylvania Prison Society is an advocacy group that supports prisoners, formerly incarcerated individuals and their families. The Centre County Chapter is one of 43 chapters in Pennsylvania that coordinates official visitor programs. The local chapter visits at the State Correctional Institutions at Rockview and Benner Township and at the Centre County Correctional Facility. The chapter sheds light on concerns that usually go unseen.

Pregnancy Resource Clinic

423 S. Pugh St., State College, PA 16801

814-234-4341

help@scprc.com

scprc.com



Pregnancy Resource Clinic exists to educate, encourage and empower men and women to make informed life choices.



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Bellefonte Senior Resource Center 110 North Spring St.

Bellefonte, PA 16823

814.355.6720

bellecenter1@gmail.com

Centre Region Active Adult Center

2901 E. College Ave. (Nittany Mall) Suite #990,
State College, PA 16801

814.231.3076

activeadults@crcog.net

Centre Hall Senior Resource Center

Centre Hall Fire Hall, Centre Hall, PA 16828

814.364.9511

pennsvalleycenter@gmail.com

Penns Valley Senior Resource Center

102 Leisure Lane, Madisonburg, PA 16852

814.349.8188

pennsvalleycenter@gmail.com

Philipsburg Senior Resource Center

Philipsburg Towers, 300 North Front St.,
Philipsburg, PA 16866

814.342.6549

pburgcenter@comcast.net

Snow Shoe Senior Resource Center Medical Center

Snow Shoe, PA 16874

814.387.4086

snowshoecenter@gmail.com



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RISE Counseling Inc.

103 E Beaver Ave., Ste. 2, State College, PA 16801

814-409-7744

info@risecounselinginc.com

risecounselinginc.com



RISE Counseling Inc. strides to provide the community with exceptional mental health services and quality care for individuals. RISE represents resilience, introspection, strength and empowerment. These pillars are imperative to our client's progression toward personal goals and self improvement. Though many have experienced hardships, we all possess resilience to continue moving forward while developing a sense of strength within ourselves. Through introspection, we discover our true selves and as a result feel a sense of empowerment. Each and every therapist at RISE embodies similar values, which contributes to the importance of making our clients the very first priority. Therapists all have a collaborative working style that ensures compassion and understanding. There is no judgement as we are here to serve our clients with integrity and competence.

Roads to Freedom Center for Independent Living of North Central PA — RTFCIL

24 E. 3rd St., Williamsport, PA 17701

570-327-9070

office@cilncp.org

cilncp.org



RTFCIL provides individuals with resources and disability-related services to continue living independently in the community of their choice. As a Center for Independent Living we provide independent living skills, advocacy, information and referral, peer support and transition services (youth and nursing home). Additional services we provide include community integration, assistive technology, employment, home modifications/pest eradication and rep payee services.

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PennState
College of Education

Career & Family Pathways Program

Volunteer Tutors Needed

Are you passionate about making a positive impact in your community?

Do you love sharing your knowledge and empowering others to succeed?

The PSU Career and Family Pathways Program is looking for volunteers to help adult learners improve their English language skills, study for the GED®, and/or reaching their personal goals.

If you are over 18 years old and have a high school diploma, join our team of volunteer tutors and be a catalyst for change!



Interested? Questions?
Email Shannon Frey at
ssf124@psu.edu



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Schlow Centre Region Library

211 S. Allen St., State College, PA 16801

814-237-6236

schlowlibrary.org

Schlow Library is a family friendly library in downtown State College that serves the diverse needs of the residents of the Centre Region. Patrons have access to books and eBooks; plus online resources and other materials. The Children's Library offers special programs, services for children and there is also a robust teen and adult section.



SCORE Central PA

2820 E. College Ave., State College, PA 16801

412-965-6798

scorecentralpa.org



SCORE is a volunteer organization affiliated with the Small Business Administration. Our purpose is to assist those who wish to start a small business but may not know what steps might be involved. We also assist those who may already have started a small business but may need supplemental knowledge about some aspect of their business such as accounting, forecasting, insurance or some related topic. Our charter also permits us to work with nonprofit organizations who may have similar business needs. We have a network of approximately 25 volunteers who perform these advisory services for clients who come to us from the central Pennsylvania region and beyond as our service territory has recently expanded to include much of northwest Pennsylvania.

Sight-Loss Support Group of Central PA

P.O. Box 782, Lemont, PA 16851

814-238-0132

office@slsg.org

slsg.org



The Sight-Loss Support Group offers support to individuals adjusting to vision loss. We provide counseling and connect people to vision rehabilitation services. A monthly support group meeting offers access to the agencies serving the visually impaired, guest speakers and lunch. Our audio-description program, View Via Voice, makes the performing arts accessible to blind and partially-sighted patrons.

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Skills of Central PA

341 Science Park Rd., Ste. 6, State College, PA 16803

814-238-3245

SkillsOfCentralPA.org



Skills of Central PA is a nonprofit human services organization that provides support for people living with intellectual and developmental disabilities and those recovering from mental health challenges. Skills is one of the largest human service providers in central Pennsylvania, offering services in 17 counties and employing approximately 1,000 people in a variety of professional, clinical and direct support roles.

St. Paul's United Methodist Church & Wesley Foundation

250 E. College Ave., State College, PA 16801

814-237-2163

stpauls@stpaulsc.org

stpaulsc.org



The vision of St. Paul's United Methodist Church & Wesley Foundation is to be followers of Jesus who are meeting others, making real relationships and moving into new expressions of love and service. The congregation has been committed to ministry with students and permanent residents, including: Abba Java Coffeehouse for PSU Students, St. Paul's Shoe Bank, Wesley's Closet and more.

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Crestside Terrace 602 East Howard Street, Bellefonte

The Centre County Housing Authority owns and operates Crestside Terrace. Tenants are selected through a waiting list and must meet the criteria of the Tenant Selection Plan as required by HUD.

Crestside Terrace is a non-smoking facility and is a 5 story brick building with 40 apartments. All utilities are included in the rent except for phone, cable, and internet. The Centre County Van service is available and a CATA Bus stop is within walking distance. Free off-street private parking is provided for tenants.

Crestside Terrace offers an on-site laundry room. The tenants enjoy a community room where they work on jigsaw puzzles, play bingo, share magazines and books, have potluck meals and socialize. There is a garden, flower beds, benches, picnic table, and a sitting area for our residents' enjoyment. Full-time maintenance is provided.

PLEASE CALL 814-355-6750 EXT. 6 FOR AN APPLICATION
www.CentreCountyHousingAuthority.com



Providers — from page 22

St. Vincent de Paul Society & Thrift Store

1300 Benner Pike, Ste. B, State College, PA 16801

814-867-3131

svdpolv@gmail.com

stvincentstatecollege.org



The Society of St. Vincent de Paul is dedicated to service to our neighbors in need. The Society provides assistance to families and individuals in Centre County for a wide range of needs including rent, utilities, transportation, medical/dental and more. The Thrift Store, which generates significant funds for this mission, is operated 100% by volunteers.

State College Area Meals on Wheels

205 S. Garner St., State College, PA 16801

814-237-8135

michael@scmow.org

scmow.org



State College Area Meals on Wheels is a 501(c)3 organization that prepares and delivers nutritious, affordable meals to people who are elderly and/or disabled living in the State College School District to enable them to maintain their quality of life and remain in their homes.

State College Community Land Trust

1315 S. Allen St., #306, State College, PA 16801

814-867-0656

sccltadmin@scclandtrust.org

scclandtrust.org



State College Community Land Trust is a 501(c)3 dedicated to creating and stewarding permanently affordable, energy-efficient homes for low and middle-income individuals and families.

State College Food Bank

169 Gerald St., State College, 16801

814-234-2310

info@scfoodbank.org

scfoodbank.org



The State College Food Bank has a mission to provide food security, directly or indirectly, to people in Centre County, thus ensuring that no one in Centre County goes hungry regardless of age, race, color, ancestry, national origin, sex, sexual orientation, gender identity and expression, creed or disability.

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Look What's Coming To Centre County!

An exciting new option for healthcare is coming soon.

Penn Highlands State College is a new hospital and medical office building that brings care and expertise supported by a complete health system right here to Centre County.

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- Innovative healthcare technologies.
- Patient-centric amenities, including biometric patient ID and online registration.
- State-of-the-art emergency and surgical departments.

Penn Highlands State College

pennhighlandsstatecollege.org

Opening
Summer 2024



Building.
Expanding.
Advancing.



Penn Highlands State College
A Campus of Penn Highlands Huntingdon

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State College Medical

3091 Enterprise Dr., State College, PA 16801
814-235-6988
pinnacle.treatment.com



To make recovery possible by transforming lives, communities and the families we serve with treatment that works.

Steinbacher, Goodall & Yurchak

328 S. Atherton St., State College, PA 16801
814-237-4100
info@paelder.counsel.com
PAElderCounsel.com



Steinbacher, Goodall & Yurchak is an elder care and special needs law firm offering quality representation to clients throughout Pennsylvania. Offering the following services: long-term care planning, nursing home Medicaid planning, Alzheimer's and Dementia planning, wills, powers of attorney, trusts, wealth protection and legacy planning, guardianship and special needs planning, retirement and tax planning, veteran's benefits planning, estate administration and probate.

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or sales@centrecountygazette.com

Strawberry Fields, Inc.

3054 Enterprise Dr., State College, PA 1680
814-234-6023
sflds@sfionline.org
sfionline.org



Strawberry Fields' mission is to empower individuals and enrich lives. We offer essential services across the lifespan, supporting those with developmental delays, intellectual disabilities and mental health needs. This includes: mental health case management and residential programs, early intervention services including speech, physical and occupational therapy and community-based living for individuals with intellectual disabilities.

Supporting Your Needs in Community Healthcare (SYNCH)

90 Lawton Ln., Milton, PA 17847
814-777-7213
csiu@csiu.org
csiu.org/synch



Supporting Your Needs in Community Healthcare is a community health worker training grant. Our goal is to strengthen and expand the public health workforce through the training of new community health workers and to extend the knowledge and skills of those already working in this type of position. We provide assistance with tuition, certification costs and financial stipends, helping individuals to become certified as a community health worker in Pennsylvania.

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**BELLEFONTE
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The Meadows Psychiatric Center

132 The Meadows Dr., Centre Hall, PA 16828
800-641-7529
themeadows.net



The Meadows Psychiatric Center is a 119-bed private behavioral health care facility, located minutes outside of State College in Central Pennsylvania. As an integrated behavioral health care delivery system, The Meadows provides comprehensive mental and behavioral health treatment services to children, adolescents and adults. Treatment is individualized, person centered and recovery oriented.

The Oaks at Pleasant Gap

200 Rachel Dr., Pleasant Gap, PA 16823
814-359-2782
info@alsm.org
alsm.org



The mission of ALSM is to serve people through a ministry of love, compassion and mercy in the name of our Lord, Jesus Christ. The Oaks at Pleasant Gap provides comfortable and secure independent senior living in a beautiful setting. Nestled on 35 scenic acres, The Oaks offers beautiful cottage homes and apartments, in addition to outstanding personal care options.

The Salvation Army

Centre County Service Unit

2790 W. College Ave., Ste. 10, State College, PA 16801
814-861-1785
elin.kjelgaard@use.salvationarmy.org
salvationarmyusa.org/usn



The Salvation Army provides financial assistance for housing, heating and utility assistance and emergency gas vouchers for families and individuals in crisis situations in Centre County. The Salvation Army also provides back to school clothes and school supplies program for kids from K-12th grade. Our Christmas programs provide gifts for children at Christmas.

Tides, Inc.

P.O. Box 1251, State College, PA 16804
814-692-2233
info@tidesprogram.org
tidesprogram.org



Tides provides support programming at no cost to children, teens and adults who are grieving the death of a loved one. By offering judgement-free and caring environments, Tides helps individuals journey through their own individualized healing process. Tides provides support nights, school-based grief support, crisis response support, educational and guidance sessions, as well as books and resources.

Fox Hill II Apartments

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is here to help with all your funeral needs.

- **WE** take extreme care of your loved ones, treat all families with dignity, respect, and honor, just as though it was our loved one
- **WE** specialize in traditional services and cremation services as well as prearranging funeral plans
- **WE** are mindful and respectful of all religions
- **WE** welcome everyone
- **WE** assist your family in planning the perfect tribute to honor the lives of those that passed
- **WE** are located in Central Pennsylvania but can perform services throughout the entire state of Pennsylvania. For those out of state, we can assist in arranging services elsewhere
- **WE** are happy to file all necessary forms, including social security, life insurance claim forms, necessary permits, military forms, to mention a few
- **WE** plan for military honors for all veterans and can arrange for burials at National Cemeteries
- **WE** are a family owned funeral home. We treat all as family and when you talk to us, you are talking to a member of your community. We understand your needs and will do all we can to help you through this difficult time

Providers — from page 26

Veterans Multi-Service Center

8 N. Grove St., Ste. 2, Lock Haven, PA 17745
844-226-0368
VMCenter.org



Veterans Multi-Service Center exists solely to serve those who served this great nation, our veterans. Our mission is to provide services, programs, opportunity and advancement to veterans of the U.S. military and their families. Our commitment is to advance the cause of veterans, advocating on all levels, giving voice to their concerns, bringing equity and quality to their earned benefits and a just resolve to their needs.

Victory Therapeutic Horsemanship

P.O. Box 413, Bellwood PA 16617
814-381-8726
victoryhorsemanship@gmail.com
victoryhorse.org



Victory Therapeutic Horsemanship provides equine services for disabled veterans. VTH is one of the few therapeutic riding organizations in the country that serve veterans exclusively. As equine therapy has become more accessible to veterans, it is now widely recognized in the fight against Post Traumatic Stress Disorder, Traumatic Brain Injury, and a vast range of physical injuries. Veterans get this lifechanging therapy at no cost.

Volunteer Centre County

P. O. Box 92, Port Matilda, PA 16870
814-308-5052
info@volunteercentrecounty.org
volunteercentrecounty.org



Volunteer Centre County's mission is to provide a free, user-friendly online portal that enhances community engagement through promoting nonprofits' needs for volunteer service and donated goods, thereby increasing the quality of life in our community, while helping to build a stronger Centre County.

Providers — page 28



Juniper Village at Brookline

Award-winning Senior Living in
Centre County for over 35 Years



Juniper Village at Brookline offers a variety of senior living options to meet your needs. The community is located on a stunning 22-acre campus with landscaped walking paths, beautiful gardens, gazebos, and many other spots to enjoy mother nature!

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schedule a tour!**

Juniper Village at Brookline

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CARE AND WELLSPRING MEMORY CARE

1930 Cliffside Drive, State College, PA 16801

814.238.3193

junipercommunities.com



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Billi Hoover at
bhoover@centrecountygazette.com
or 814-644-0300

THE CENTRE COUNTY
GAZETTE

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Willow Tree Home Health Care

374 Phoenix Ave., Bellefonte, PA 16823

814-810-2389

mmatsko@willowtreehhc.com

willowtreehhc.com



Willow Tree Home Health Care aims to provide comprehensive, high quality homcare services to our consumers by creating strong partnerships with their families, case managers, discharge planners and the community. We believe in creating a team of caring professionals whose goal is the care and support of our consumers.

YES to the Future — PA CareerLink® Program

90 Lawton Ln., Milton PA 17847

570-238-3400

yestothefuture@csiu.org

csiu.org/yes



YES to the Future provides career services for young adults who are 16-24 years old and not currently enrolled in high school. Career services include access to training employment and the military. YES to the Future covers Centre, Clinton, Columbia, Lycoming, Mifflin, Montour, Northumberland, Snyder and Union Counties.

Youth Service Bureau (YSB)

325 W. Aaron Dr., State College, PA 16803

814-237-5731

info@ccysb.com

ccysb.com



Youth Service Bureau exists to help children, youth and families have every opportunity to reach their full potential for growth and development through an array of services that includes prevention programs, family services and residential homes. We offer runaway shelter services, transitional housing, family conferencing, parent education, Big Brothers Big Sisters mentoring, after-school youth programming and much more.



Pennsylvania

WIC Program

WIC helps YOU help your family!

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 - Are you a nursing mom?

Many working families qualify! Check these guidelines:

Household size	1	2	3	4	5	6
Monthly income* (approx.)	\$2,248	\$3,041	\$3,833	\$4,625	\$5,418	\$6,210
Annual income*	\$26,973	\$36,482	\$45,991	\$55,500	\$65,009	\$74,518

*Income (before taxes) is effective July 1, 2023. For each unborn infant, add one to household size. PA WIC is funded by the USDA. This institution is an equal opportunity provider.

Help improve your family's health. Call WIC today!

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Centre County Drug & Alcohol: Resources for substance use disorders

Kevin Fulcomer, case work supervisor, drug and alcohol for Centre County Drug & Alcohol

Centre County Drug & Alcohol is an agency within Centre County Government whose goal is the prevention and treatment of substance use disorders for Centre County residents.

The agency does not provide treatment, but contracts with various substance abuse outpatient and inpatient providers across the county and, in the case of residential facilities, across the state.

Case management services are provided to anyone with substance use disorders, including assistance with navigating recovery or help with basic needs, such as employment and housing. These services help create stability, which is crucial for sustaining long-term recovery.

For those without insurance, or who are unable to pay for their services, funding may be available for both outpatient and inpatient services. Case managers are on hand to speak to anyone who calls in with questions or is seeking information regarding our services or other local resources.

Contact us:

814-355-6744 | centrecountypa.gov/330/Drug-Alcohol
3500 E. College Ave. #1200, State College

State College Food Bank: Serving the community from a new location

Heather Lee, business manager of the State College Food Bank

The State College Food Bank has moved to its new facility in State College and is now fully operational. Grocery distribution remains unchanged, ensuring accessibility for those in need. Through our Choice Pantry, clients can independently select their food items, which fosters autonomy in their selection process.

The Choice Pantry can be accessed on Mondays from 1 to 4:30 p.m., and on Wednesdays and Fridays from 1 to 3:30 a.m. A 24-hour donation drop-off room is available at the rear of the building to facilitate food donations.

For those seeking a receipt or wishing to donate non-perishable items, designated times are Mondays, Wednesdays and Fridays from 9 a.m. to noon, or by appointment.

The State College Food Bank warmly welcomes all Centre County residents. While no income requirement exists, a case manager referral is necessary. For referral details, contact us via phone or visit our website.

Contact us:

814-234-2310 | scfoodbank.org
169 Gerald St., State College



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www.arhealthservices.org



Centre County Council for Human Services: A network of nonprofits



Karen M. Lambert, president of CCCHS and adult and teen services librarian of Schlow Centre Region Library

The Centre County Council for Human Services acts as a network for local nonprofits, government agencies, health systems, schools and interested individuals. As members share information, connect with agency staff and learn from each other, CCCHS becomes a safety net for participating members and the people they serve.

Created in 1968, when funding became scarce, various organizational staff members noticed that achieving clients' human service needs warranted an interdisciplinary plan of action. Since, the network of members has grown to over 70 organizations and several individual members.

If you would like to participate in the Centre County Council for Human Services, becoming a member is simple. Members learn professional and personal strategies at our bi-annual training sessions, share information in our monthly newsletters and connect at our monthly meetings.

Additionally, members can apply for the Bob Ott Seed Grant, which provides start up funding for new programs or initiatives or for the expansion of existing programs, and nominate a volunteer to be recognized at the annual Rose Cologne Dinner, which pays tribute to volunteers who work to further the mission of CCCHS.

Contact us:
theccc.org
P.O. Box 1064, State College

CYS Foster Parent Program Centre County



Kaylyn N. Nero, foster home specialist/ESSA POC for Centre County Children and Youth Services

The mission of the Centre County Foster Parent Program is to provide Centre County children who cannot reside in their home of origin with a safe, family-like setting in the county.

When children are unable to remain in their home of origin due to abuse or neglect, and there are no foster homes available in Centre County, they are required to leave their family, friends, teachers, sports teams and their ongoing support system, increasing the trauma they experience.

The Centre County Foster Parent Program strives to keep all Centre County children within Centre County. Do you feel that you can open your heart and home to a child in need? Foster parents are needed for children and teens, as well as sibling groups.

Contact us:
814-355-6755 | fostercentrecounty.com
420 Holmes Street, Bellefonte

Mid-State Literacy Council supports adult literacy and English learners



Bridget Schell, English language learning program coordinator of Mid-State Literacy Council

The Mid-State Literacy Council offers a warm welcome to adult English language learners in Centre and Clearfield counties. Our dream is that no one lacks literacy so they can access a life of safety, realized goals and community participation. Through English classes tailored to different proficiency levels, students learn vital language skills necessary for everyday interactions, employment or academic opportunities and experience a stronger sense of belonging.

MSLC's one-to-one tutoring program provides personalized attention to build confidence and support an individual's specific goals. Staff and volunteers at Mid-State Literacy Council help newcomers navigate cultural nuances, understand local norms and transition into local life. Additionally, the council connects immigrants to community resources, including food, housing, healthcare and legal services, to foster a holistic well-being. With a steadfast commitment to community literacy, the Mid-State Literacy Council welcomes local immigrants with open arms.

Contact us:
814-238-1809 | mid-stateliteracycouncil.org
248 E. Calder Way #307, State College



Sight-Loss Support Group of Central PA, Inc.

Offering peer counseling, including vision rehabilitation referral services, community outreach educational events as well as direct accessibility support in the form of guides and audio describers for local cultural events.



P.O. Box 782
Lemont, PA 16851
(814) 238-0132
office@slsg.org

Learn something new at CIU 10

Francine Endler, executive director of Central Immediate Unit 10

Central Intermediate Unit 10 is an educational service agency that was created by the General Assembly of the Commonwealth of Pennsylvania in 1971. We serve Centre, Clearfield and Clinton counties and provide services from preschool early intervention through adult learners. Our region encompasses 12 school districts, four charter schools, four career and technical education centers and non-public schools, serving more than 25,000 students.

CIU 10 provides professional learning opportunities for educators across all programs and is the linkage between the PA Department of Education and other state organizations and the field. Our professional learning and technical assistance programming supports the learning of teachers and leaders across the region and the commonwealth.

CIU 10 also provides various special education services that include speech and language pathology, vision, hearing, occupational therapy, physical therapy, social work, school counseling and school psychologists. We are one of few in the area we serve that provide adult education services which includes a path to a GED.

Contact us:

fendler@ciu10.org | ciu10.org
1155 Benner Pike #100, State College



Centre County Office of Aging's exciting property tax rent/rebate program



Brenda Reeve, volunteer coordinator for the Centre County Office of Aging

The Centre County Office of Aging's property tax/rent rebate program supports homeowners and renters across Pennsylvania. The program provides a rebate ranging from \$380 to \$1,000 to adults aged 65 and older, people with disabilities 18 and older and widows and widowers aged 50 and older, with a household income of \$45,000 or less annually.

Applications for the 2023 rebates are due by June 30, 2024. If extra funds are available, the deadline will be extended to Dec. 31.

Interested parties can apply online (mypath.pa.gov) or by mailing in an application to:

PA Department of Revenue
Property Tax/Rent Rebate Program
P.O. Box 280503
Harrisburg, PA 17128-0503

If you need assistance completing the application or have questions, contact the Retired Senior Volunteer Program through the Office of Aging.

Contact us:

814-355-6818 | centrecountypa.gov/342/Aging
Willowbank Office Building, 420 Holmes St. #245, Bellefonte



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PennState Extension

Centre County Adult Services: Providing support to all



Caitlin Gabriel, housing program specialist of the Office of Adult Services and Crystal Gettig, caseworker for the Office of Adult Services

Centre County Government's Office of Adult Services oversees and administers programs that serve low-income and/or disabled adults and their families to meet basic needs, work towards self-sufficiency and offer protection for those at their highest vulnerability.

Our office is available to provide direct services and referrals to other community agencies.

Currently, we are meeting with agencies to build partnerships to best assist our community. If you are a client or working with a client and feel that you could benefit from non-emergency housing, intakes/referrals, short-term case management and/or speaking with our housing specialist, please feel free to contact our office.

Our office does offer a housing resource guide (our department's orange book) and a housing resource list (landlord list) to clients.

You can pick these up in person at our office or we can mail or email them.

They are also distributed throughout Centre County to local organizations.

The Emergency Rental Assistance and the Rental Assistance Program are grants that Adult Services are currently assisting clients with.

For details on these programs, please visit the Centre County Government Adult Services webpage.

Other grants that are in the works include the Whole Home Repair Grant and ESG funding.

Contact us:

814-355-6768 | centrecountypa.gov/308/Adult-Services
adultservices@centrecountypa.gov
 3500 E. College Ave. #120, State College

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UPMC

HOME HEALTHCARE
of Central Pennsylvania



On the move with Centre County Office of Transportation



Kathryn Boeckel, administrative assistant for Centre County Transportation

The Centre County Office of Transportation is committed to providing reliable transportation throughout Centre County.

This service is available to all Centre County residents.

Various agencies and programs are available to help offset transportation costs: transportation for residents aged 60 or older is funded by the Centre County Office of Aging and PennDOT; transportation for medical purposes for eligible Medical Assistance clients is funded through their MA plan; transportation for residents who qualify for the Persons with Disabilities program can ride at reduced rates.

Other outside agencies can help fund trips for their clients.

Residents without programs to offset transportation costs can pay the full fare rates.

Clients must be registered before scheduling transportation.

All trips must be scheduled in advance.

Contact us:

814-355-6807 | centrecountypa.gov/431/Transportation-Office
apply.findmyride.pennidot.pa.gov (to register)

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Center for Community Resources: Mental health matters

*Kimberly Snively, program director
of Center for Community Resources*

Center for Community Resources has been operating in Centre County since 2019. We began as a walk-in center for individuals struggling with their mental health. Since then, we have grown into a large community provider offering various crisis intervention services.

At CCR we strive to meet individuals where they are most comfortable and come up with creative solutions. We partner with other agencies to make certain we always have supplies on hand to help support those in need.

CCR provides 24/7 support to Centre County. We answer the local crisis line, link to county mental health emergency services, co-respond when requested, assess for safety and provide referrals.

To overcome the challenge of waitlists, Centre County partnered with CCR to provide crisis peer services. The support is completely free to the individual and intake is guaranteed to be scheduled within 72 hours. CCR can be reached at any time by phone.

Contact us:

1-800-643-5432 | ccrinfo.org
2100 E. College Ave., State College



Center for Community Resources
Centre County Crisis Services
1-800-643-5432

Improving oral health: Centre Volunteers in Medicine's dental program for older adults



*Darion Shawley, marketing coordinator
for Centre Volunteers in Medicine*

Centre Volunteers in Medicine plays a crucial role in addressing the dental health needs of older, uninsured adults in Centre County. We serve older adults who fall within our income guidelines and do not have any dental insurance coverage, including many seniors who have traditional Medicare A and B coverage — as dental services are not a covered benefit. As individuals age, they often face unique challenges in maintaining oral hygiene, leading to various dental issues. CVIM's dental program offers tailored services to support older adults in overcoming these challenges.

One of the critical aspects of CVIM's dental program is its emphasis on education. During each visit, older adults receive valuable information on proper oral care practices, including brushing, flossing and denture maintenance techniques. This educational approach empowers patients to take proactive steps to preserve their oral health and prevent potential problems.

Furthermore, CVIM's dental professionals are equipped to address age-related dental concerns such as gum disease, tooth decay and oral infections. By providing comprehensive examinations, treatments and preventive care, CVIM ensures that older adults in Centre County receive the necessary support to maintain healthy smiles and overall well-being.

Furthermore, CVIM's dental professionals are equipped to address age-related dental concerns such as gum disease, tooth decay and oral infections. By providing comprehensive examinations, treatments and preventive care, CVIM ensures that older adults in Centre County receive the necessary support to maintain healthy smiles and overall well-being.

Contact us:

814-231-4043 | CVIM.net
2026 Sandy Drive, State College

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Contact
814.342.5678
www.cenclear.org

ACAP
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Housing Transitions combats homelessness



Amy Werner, development and community relations coordinator for Housing Transitions

Every day, someone in Centre County faces a housing crisis. Housing Transitions is here to help. Centre House is our onsite 12 bed shelter that is the ONLY family shelter in Centre County. In addition to shelter services, we provide several supportive housing services: Rapid Rehousing, Transitional Housing and Permanent Supportive Housing.

Rapid Rehousing is meant to make the amount of time a person is homeless as brief as possible. Clients are offered both financial assistance and case management for a period of time to ensure they can build a strong foundation that will help them remain housed long term.

Our two transitional units act as an extension to our shelter giving people the independence to live in an apartment while working on goals to obtain their own lease. Permanent Supportive Housing is designed to assist those with more intense needs who have been chronically homeless as well as have a diagnosed mental and/or physical disability.

Our goal is to end homelessness in Centre County.

Contact us:

727-510-2566 | housingtransitions.org
217 E. Nittany Ave., State College

Centre County

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www.catabus.com



The Society of St. Vincent de Paul: Helping the underserved

Carol Gouty, president of The Society of St. Vincent de Paul

The Society of St. Vincent de Paul in State College, a branch of the international organization St. Vincent de Paul, is dedicated to the service of the poor and needy around the world. Through direct person-to-person contact, SVdP provides assistance to families and individuals with a wide range of needs, dependent on each family's particular situation. Assistance is intended primarily for situations precipitated by unforeseen events or extraordinary personal crisis and, in general, is not provided on a continual basis.

The primary source of income for SVdP comes from the proceeds of its thrift store operation on the Benner Pike. The SVdP Thrift Store is an all-volunteer operation run by members of the Society and more than 120 dedicated volunteers. The thrift store is an excellent source of low-cost clothing, housewares, crafting materials, domestic items and more.



Contact us:

814-867-3131 | stvincentstatecollege.org
facebook.com/stvincentstatecollege.org
1300 Benner Pike, State College

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at centrecountygazette.com

SOCIAL SECURITY BENEFITS

Roads to Freedom (RTF) is a fee-for-service Organizational Representative Payee for the Social Security Administration (SSA).

There are **three requirements** to be eligible for our Representative Payee Services:

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- Be receiving Social Security benefits.
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Tomorrow Needs You.

Centre Helps provides 24/7 emotional support through our 988 Suicide and Crisis Lifeline. Our services also include:

- Crisis/emotional support through our 24/7 local hotline at 814-237-5855
- Connection to resources to help with basic needs such as housing, food, utilities
- Drug and Alcohol Resources and Referrals
- Drug and Alcohol Education Classes for Young Adults

988
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& CRISIS
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